

Resistance: Understanding Clients Reluctance to Change

Presenter: Sekeria Volece Bossie
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Program Content:

Throughout the counseling process, motivation to change is a vitally important factor. It is common for clients to display resistance or reluctance to change at any point throughout the counseling process. It is significantly important that mental health and behaviorally health professionals are able to both recognize resistance or reluctance and work toward alleviating the factors that contribute to it in the counseling process.

Limited to 40 seats!

Objectives:

Snacks Provided

- Discuss the concept of resistance and reluctance and its impact on the counseling process
- Review client, counselor, contextual and process factors that contribute to the to resistance and/or reluctance and those that contribute to success
- Provide examples of various types of resistance and reluctance
- Identify ways to assess clients reluctance and resistance and practice assessment skills
- Discuss interventions for improving client motivation and decreasing client resistance or reluctance
- Provide case examples of reluctant or resistant clients practicing the application of both assessment and intervention concepts.

Saturday June 8, 2019

Registration: 8:30am-9:00am

Training: 9:00am- 12:30 pm

3 Clock Hours

COST: 30.00 pre-register and pre-pay

TRAINING LOCATION:

Irondale Public Library
105 20th Street South,
Irondale, Alabama 35210



Behavior Education Consultation and Training Services, L.L.C.

Post Office Box 680162, Prattville, AL 36068

Contact Number: 256-452-8504

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REGISTRATION FORM

Mail form and check to:
BECT Services LLC
P.O. Box 680162, Prattville, Al 36067

Checks Payable to:
BECT Services LLC

Full Name: _____ **D/O/B:** _____ **CEU's :** ()yes ()no

Address: _____ **Phone:** _____

City/State/ZIP: _____ **EMAIL:** _____

Agency: _____ **Amount Paid:** _____

Training Topic: **Reluctance: Understanding Clients Resistance to Change by Dr. Sekeria Bossie**

Method of Payment: () Cash () Money Order () Check # _____

Up to the maximum allowed service fee will be assessed on all checks returned by the bank for any reason.
Re-payment of the returned check must be made by cash, cashier's check, or money order only.

Signature: _____

Of participant (age 18 and over)/ Of Parent or Guardian (if under age 18)

Today's _____



Refund and Cancellation policy:

Refunds will not be provided to registrants unless the training is cancelled by the agency. In the event a registrant cannot attend a training already paid for a substitute participant may be designated in place of a registrant who cannot attend or the registrant may apply the funds to a future training. BECT Services LLC reserves the right to cancel, postpone, to limit registration; or to change instructors.

Continuing Education:

Alabama Social Workers: BECT Services is an approved Continuing Education Provider by the Alabama Board of Social Worker Examiners Provider # 0492: **Professional Counselors:** Behavior Education Consultation and Training Services, LLC, has been approved by the NBCC as an Approved Continuing Education Provider, ACEP No. 6712. Programs that do not qualify for NBCC are clearly identified. Behavior Education Consultation and Training is solely responsible for all aspects of the programs. **Other professionals:** This course meets the continuing education clock hours as required by many national, state, and local licensing boards and professional organizations. Save your outline, program content and/or objectives, your certificate and contact your regulating board or organization for specific or individualized requirements and approvals. Some may require prior approval.

ADA needs: We would be happy to accommodate your ADA needs: please call at least 3 weeks prior to the seminar date.

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